



2023 - 2024 Athletics & Activities Info

Fall Season (Cross-Country: August 2023-January 2024)

Winter Season (Flag Football: September 2023 - November 2023)

Spring Season (Club Soccer and Track & Field: January 2024 - April 2024)

Year Round (Robotics: August 2023 - February 2024 and Swimming: August 2023 - May 2024)

Dear ANCS Parent or Guardian,

We are excited to offer an exciting new opportunity to our already growing after-school athletics and activities program. In addition to our competitive robotics program, cross-country, track and field, upper elementary club soccer, and swimming, we will be offering flag football. Our newly formed Microschool Alliance with Cunae International, The Grove Community School, Sherwood Academy, and Esprit International School will kick off this season with regular competitive events throughout the academic year. Read below for information about activity fees and a general timeline for each season.

Also, please be sure to sign up as a parent volunteer. Our program would not be a success without your support. This October and next February, we look forward to hosting our very own VEX IQ league (October 12, 19, 26, & Nov. 9th) and tournament (February 10th) and we will need a full team of volunteers to offer the large-scale event to local teams and teams from around the Houston area.

Fall Season

Cross-Country (Grades 3-10)

Practices: Monday (6:00-7:00 PM) and Thursday (6:15-7:15 PM)

Location: Mondays-Woodlands Waterway @ Town Green Park

Thursdays- Shadowbend Park (4995 Lake Woodlands Drive, 77382)

Fees (covers meet and race registration, coaching fees, and team uniforms):

Grades 3-5, \$200

Grades 6-10, \$300

Season: August 14th - January 13th

Race distances: 3rd-8th grade (distances vary from 1 to 3.1 miles), 9-10 (3.1 to 6.2 miles)



Winter Season

FLAG FOOTBALL

Practices: Monday and Wednesday (3:30-4:30 PM) @ ANCS

Age Level: 3rd-8th grade

Game Location: *Gosling Sports Fields - 4055 Marisco Pl., Woodlands 77384*

- Grove CS vs. ANCS (Monday, Oct. 16th and Monday, Nov. 6th)
- Cunaev vs. ANCS (Monday, Oct. 23rd and Monday, Nov. 13th)
- Sherwood vs. ANCS (Monday, October 30th and Monday, Nov. 27th)
- Esprit vs. ANCS (*TBD*)

Player Fee: \$250 (covers official fees, coaching stipend, and team uniforms):

Season runs from September 11th - November 29th

SOCCER

Age Level: 3rd-7th grade

Practices: Monday and Wednesday (3:30-4:30 PM) @ ANCS

Game Location: *Gosling Sports Fields - 4055 Marisco Pl, Woodlands 77384*

- Grove CS vs. ANCS (Monday, Feb. 12th and Monday, March. 11th)
- Cunaev vs. ANCS (Monday, Feb. 26th and Monday, March 18th)
- Sherwood vs. ANCS (Monday, March 4th and Monday, April 8th)
- Esprit vs. ANCS (*TBD*)

Player Fee: \$250 (covers official fees, coaching stipend, and team uniforms):

Season runs from January 10th - April 17th, 2024



Spring Season

TRACK & FIELD (Grades 5-10)

Age Level: 5th - 10th grade

Practices: Tuesday and Thursday (4:00-5:15 PM) @ Woodlands 9th Campus Track

Fees: \$250 (covers meet registration, coaching fees, equipment, and track uniforms)

Season runs from February 27th - April 25th, 2024

Year Round

COMPETITIVE ROBOTICS - VRCIQ

Age Level: 2nd - 8th grade (or 15 and younger by April 29th, 2024)

Practices: Tuesday and Thursday, 3:30-4:45 PM @ ANCS Cafeteria

Season: Level 1 - September 12th - November 9th & January 4th - February 13th, 2024 (*invitation only:* Region III State Championships, Feb. 24th or March 2nd)

- Level 2 - August 28, 2023 - February 24, 2024 (*invitation only:* April 28 - May 2nd; Worlds, Dallas, TX)

Tryouts: Sept. 21st and 22nd (*all levels*)

Fees: Level 1-\$300, Level 2-\$500 : Cost includes registration for two Saturday tournaments (4 tournaments for Level 2), team uniform, meals, and fees

COMPETITIVE ROBOTICS-VRC High School (Grades 9-10)

Age Level: 16 or older by April 29th, 2024

Practices: Monday and Wednesday, 3:30-4:45 PM @ ANCS Robotics Lab

Season: August 23rd - February 17th, 2024 (*invitation only:* Reg III Championships-2/24, 3/2 or 3/9, VEX Worlds - April 21-25th, 2024)

Fees: \$500 : Cost includes registration for up to four Saturday tournaments, team uniform, meals, and fees



Swimming (Grades 2-10)

Practices: Tuesdays and Thursday, 5:00-6:00pm

Location: Shadowbend Pool (4995 Lake Woodlands Drive, 77382). Winter season location will be adjusted to accommodate cooler temperatures.

Fees: 12 Session Punch Card \$250 (does not include team caps or swim apparel)

Season: August 16th - May 2024

Race Distances: Distance varies by race type (eg. sprint triathlon team)

Prerequisites: Must be able to swim a continuous 50 meters.

If you would like your child to participate, please sign the information sheet and indicate which sports you are interested in. Athlete fees can be billed to your FACTS account or paid by check to ANCS. Please indicate your preferred method of payment on the information sheet. Also, please complete the attached [Pre-participation Physical](#) (page 6) which is required for all students who participate in an activity offered by All Nations Community School.

Also, if you are interested in coaching any of our sports or robotics teams, please indicate your interest on the following page. Coaches who coach a team on which their child participates will have the team fee waived for up to one child.

If you have any questions, please feel free to contact Mr. Michalik, ANCS Athletics Director.

Email: smichalik@allnationscs.org

Phone: 832-510-8311



ANCS ATHLETICS & ACTIVITIES LIABILITY WAIVER / RISK ACKNOWLEDGEMENT:

1. I hereby consent to participation by my child, _____, in the athletic and activities offered by All Nations Community School as described above. I understand that these events will take place on campus and away from campus and that my child will be under the supervision of the designated adults on the stated date.
2. I hereby agree, on behalf of the named student and his/her other parent or legal guardians, to waive any claims for liability against All Nations Community School and additional participating schools and community organizations which may arise from the participation of the named student in the above described events.
3. All Nations Community School does not provide health and accident insurance for trip participants, and I understand that any medical expenses, property loss, or other personal expenditures that result during or from this travel/trip, are to be borne by the student/participant, or by their parent or guardian.
4. I hereby grant permission to the All Nations Community School administration and staff, within their knowledge and ability, to apply limited, appropriate first aid and/or obtain medical care from a licensed physician, hospital, or medical clinic for my child in the event that I cannot be reached.
5. I agree to instruct my child to obey all rules, regulations and instructions given by teachers and/or authorized school personnel. I further agree that no teacher or authorized personnel shall be held responsible or liable for injuries or other mishaps caused by my child's deliberate non-compliance with rules, regulations or instructions.
6. I further acknowledge that if I drive my own vehicle, or am a passenger in another's private vehicle in connection with this trip/function, that All Nations Community School's auto insurance does not cover such private vehicles. I also understand that All Nations Community School cannot be responsible for assuring the safety and reliability of such private transportation or drivers.

STUDENT INFO FORM

Name of Student: _____ **Grade:** _____ **Birthdate:** _____

Name of Parent/Guardian: _____

Signature of Parent or Guardian: _____ **Date:** _____

- Fee Payment by FACTS**
- Fee Payment by Check**

Activities Participating In:

- Cross-Country** **Track & Field**
- Flag Football** **Swimming**
- Soccer** **Robotics**

I am interested in coaching _____

Home/Cell Phone: _____

Work Phone: _____

Person to contact in an Emergency: _____ **Relationship:** _____

Emergency Contact Phone #: _____

Child's Primary Physician Name: _____ **Physician Phone #:** _____